

CEU COURSES OVERVIEW

FACILITATED BY TEKNION

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0.1 CEU credits per course | Accepted by: IDCEC and AIA except when noted otherwise

Is Mentorship Dead?

IDCEC Accreditation #: 119470

One of the biggest challenges we are hearing not only in our industry but globally, is the loss and lack of talent and the challenge to recruit, retain, and connect a company's biggest asset their people. Gallup identified increasing employee engagement as one solution. But according to the annual report conducted by Leanin.org and Mckinsey and CO, 78% of companies said that managers are now expected to do more to support employee wellbeing, yet less than half of the companies provide training for managers on how to minimize employee burnout, increase engagement, and make sure promotions are equitable. How can companies increase engagement and support their managers? In this course, we explore three additional solutions to developing career development in the modern era. In part one, we sit down with Dost Bardouille of Swinnerton to evaluate the pitfalls of traditional career development and compare two new methods of connection, sponsorship, and champions. And in part two we sit down with Nina Johnson of Armstrong Craven to identify how implementing a shadow board, a tactic that major fashion house Gucci used can provide employees with high level engagement and in turn prove long-term success for a company's growth.

Workplace Ergonomics 2.0

IDCEC Accreditation #: 116921

The way we work continues to change yet we still need to maintain a focus on ergonomics in the workplace to prevent injuries and ensure the optimum health, happiness, and performance of all workers. In Ergonomics 2.0 we review the basic principles of ergonomics including how ergonomics has changed over time along with current standards and guidelines. We discuss the new ways we work and how to effectively address the ergonomic needs of the worker with an emphasis on how to effectively introduce movement into the workplace. Finally, we review recent comprehensive research about how to properly introduce sit-to stand movement in the workplace, enhancing wellness and reducing the risk of injury and discomfort.

The Discovery Dilemma

IDCEC Accreditation #: 107250-R1

Often, we tend to jump to the solution but may exclude a critical part of the creative problem solving. Through this interactive CEU, design thinking principles are applied, bringing the discovery process to life. Simple and effective tools used to define and solve a complex problem are shared throughout. The workplace is used as a foundation to illuminate how to use the tools, but are analogous to any complex issue you are facing.

The Focus Game: Fix Your Distracting Workplace

IDCEC Accreditation #: 119272

In 2013, the average person checked his mobile device for messages, news or entertainment 110 times per day. Another study showed 150 times per day. That's once every 7-9 minutes. Yet, the most common complaint at work is, "my office is too distracting." In The FOCUS GAME by Greg Dekker you will: Discover the causes and costs of distraction, Determine the most valuable activities in your life, Design strategies to fix your distracted workplace in 55 minutes.

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Ethnomics: The Formula For Workplace Happiness

IDCEC Accreditation #: 106534-R2

The new emphasis on healthy and sustainable communities, buildings, workspaces, and products represents a significant shift and a new consciousness that encompasses the broadest definitions of sustainability and permeates many aspects of our lives. This course expands its view of sustainability to include social and economic sustainability, with particular focus on inclusion of human health and wellness in the sustainability dialogue. We will explore the idea that well-designed space, in all its forms - at the scale of urban planning, of building architecture, and of the technology-enabled workplace - can become a catalyst for wellness. In a rich media experience, attendees will discover the five key ingredients that contribute to workplace happiness.

Future Smart

IDCEC Accreditation #: 120836

We remain optimists. We envision a decade of renewed creative energy as we find new ways to conduct our lives and our work. And while we cannot predict with certainty the course of cultural or corporate evolution, we can plan – and design – for uncertainty. We can recognize uncertainty as a state of extraordinary potential. As human beings we are connected across continents and seas, but also through time. History offers perspective. A look back tells us that profound change, the “premature arrival of the future,” may destabilize social and economic structures, But can also mobilize human ingenuity—inspiring achievements that have remade the material world.

Feeling Good to Feeling WELL

IDCEC Accreditation #: 107639-R2

Historically, there have been various ways to measure how an interior space “works.” The metric may be sq. ft./person or cost/sq. ft. Such determinants have a rightful place among the principles of design, but it is possible to reconcile economic necessities with design that’s intelligent, interesting and human-centered. This session outlines how the essential components of design intersect with the principle components of the WELL Building Standard to create spaces that promote psychological well-being...resulting in more engaged, inspired, and empowered workers that exhibit a higher level of creativity and innovation.

The Jetsons: In The Future Will You Commute To Work?

IDCEC Accreditation #: 117821

In a future with technology that allows nearly everyone to work from anywhere, do you think people will still travel into offices to work? In this highly interactive facilitated workshop, you will explore and decide for yourself why or why not workers will work together in physical offices. You may be able to work anywhere, but you will need to work somewhere. Where should that BEST somewhere be?

The New Office Mandate

IDCEC Accreditation #: 113538

What are new Workplace Insights from the Covid-19 Pandemic? Why might we be more or less Social? Aside from safety considerations, as employees work from more locations, what are new mandates for Workplace Design?

Phonebooths & Mailboxes

IDCEC Accreditation #: 117632 | Accepted by: IDCEC only

Is the office going the way of the phonebooth and mailbox? Are today's technology and mobile work practices making the workplace obsolete? This presentation explores the advantages of mobile work trends and analyses the world's most innovative mobile workplaces. What role does the physical work environment play in today's economy? What are the ways designers can create workplaces to meet these needs?

The True Measure Of A Space Is How It Makes Us Feel

IDCEC Accreditation #: 120432

Every interior evokes a response among those who interact with it. If an interior space—in particular, a workspace—derives meaning from its inhabitants, then we will measure a space—whatever its function—by how it makes us feel. This seminar puts interior design to use to create a more happiness at work. Using sketches, mood boards, and real project examples, the conversation will range across the types of spaces one encounters in the modern office over the course of a workday, to propose that feeling welcome, empowered, connected, calm and comfortable helps people to do their best work.

Lick the Frog

IDCEC Accreditation #: 111636

Lick the Frog! And other creative thinking techniques.....

Creativity is inspired when there is a problem to solve. The first time we encounter a problem we craft a solution and try, if that works, we don't usually explore other options. What if there are more solutions, better ones? Pushing the boundaries and utilizing Creative Thinking methods is a way to develop novel or unorthodox solutions that do not depend wholly on past or current solutions. Although some people might seem more "creative" than others, thinking creatively is a skill that all of us can develop and improved using various techniques and practices.

Resistance to Resilience - Make the Switch

IDCEC Accreditation #: 117110

The world is in a continuous state of change and our best bet for survival is to learn how to be more change capable. In Resistance to Resilience – Making the Shift we examine why change is hard, how we feel about change and the importance of mindset throughout the process The goal is to help prepare ourselves to be more open and welcoming of change, to see it not as difficult, costly and weird but as doable, rewarding and normal. Being capable of and comfortable with change is an invaluable skill for our rapidly changing world.

Designing with workfloMAP

IDCEC Accreditation #: 117110

The workfloMAP© is a powerful and proven design toolkit to help a customer:

- Create awareness about employees' different work styles and the benefits of knowledge swirl;
- Create user data to support effective workplace strategy and design
- Co-design, by helping users be part of the design process
- Change management, by helping users "see" themselves in new ways of working while creating visual narrative tools

Every Color Tells a Story: How color psychology influences our moods & behaviors

IDCEC Accreditation #: 121505

Do you feel balanced when you see green? Does red make you energized or anxious? Color is powerful; it helps us communicate and it directly affects our mood, feelings, and emotions. Understanding the impact of color is a critical tool for designers. Learning how to apply color psychology to interior design helps convey nonverbal information and influences how occupants interact with an environment. Every color tells a story, learn how to use color to craft the story you want to tell.

Sustainability; Furniture – from Design to Decommissioning

IDCEC Accreditation #: 1215337 (HSW)

Detrimental environmental impact is the furniture industry's dirty secret that we are going to delve into in this course. Fast furniture is the biggest culprit, so we'll discuss why it's so popular and its significant impact. Fortunately, there are strategies for designing and manufacturing furniture sustainably. There are also many sustainability certifications that help hold manufacturers accountable. We'll explore all of this, as well as how to reduce our impact as individuals and as organizations, and how to steer clients into partnering with furniture manufacturers that prioritize sustainability, from the design phase through decommissioning.

The Power of Storytelling

IDCEC Accreditation #: 120511

In this course, you'll dive into the world of storytelling and learn why storytelling matters in your professional and personal lives. Discover and practice using a simple structure to create engaging stories and connect better with others – in meaningful, impactful, and memorable ways. You'll leave with valuable tools to help you tell compelling stories that resonate.

Split Personalities

IDCEC Accreditation #: 117852

In early 2020, organizations across our planet told hundreds of millions of employees to pack up and go home. There was no planning. It was a random experiment in working remotely. Yet in this experiment, we learned much about both individual and social needs that will forever change work, lives, and the business of workplace design and real estate. What have we learned, and what can be done?

For more information on Teknion's CEU offerings, visit teknion.com/myteknion/continuing-education

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